

Neighbourhood Keepers Calendar

February 2020

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	

Saturday 1st February

- 10:00am-11:15am

 Moving from the Body
 (Adults)
- 2:30–4:30pm
 Community Cooking Club
 (children and adults)

Sunday 2nd February

- 9:00am–2:00pm
 Table Tennis Community
 Clubs
- 1:30pm-3:00pm
 Multi-Sport Activities (7+
 children)

Monday 3rd February

- 10:00am-11:30am
 Women's Exercise
- 10:00am-1:00pm
 Table Tennis Community
 Club
- 11:30am-1:30pm
 Therapeutic Massage for 50+
 Drop In
- 12:30pm-2:30pm
 Therapeutic Massage for
 Mothers and Grandmothers
- 12:00pm-1:00pm
 Chair Yoga Exercise 50+
- 3:00pm-6:30pm Homework Club
- 5:00pm-6:00pm
- Dodgeball (Children 6-10 yrs)

 5:00pm-9:00pm

 Table Tannia Community
- Table Tennis Community Club

 5:30pm-8:00pm
- 5:30pm-8:00pm
 Women and Girls inclusion
 Project

Tuesday 4th February

- 10:00am-1:00pm

 Table Tennis Community
 Club
- 10:00am-11:00am Yoga (Women)
- 11:30am-1:00pm
 Women's Exercise
- 1:00pm-2:00pm

 Belly Dance (women only)
- 1:00pm-3:00pm Art Therapy
- 3:00pm-5:30pm
 Active Afterschool Club
- 4:30pm-5:30pm Yoga (Children 6-10 yrs)
- 7:30pm-8:30pm Yoga (Women and Men)

8:00pm-10:00pm

Table Tennis Community
Club

Wednesday 5th February

- 10:00am-11:00am
 Creative Dance (Women)
- 10:00am-1:00pm

 Table Tennis Community
 Club
- 11:15am-12:15pm
 Yoga (Mums and Toddlers)
- 11:45am-12:30pm
 Zumba Gold (50+ women only)
- 3:00pm-6:30pm
 Active Homework Club
- 4:00pm-5:00pm
 Chess After School Clubs
 (Children 7-10 yrs)
- 4:30pm-5:30pm Yoga (Children 11+ yrs)
- 5:00pm-6:00pm
 Chess after School Club for Teens
- 8:00pm-10:00pm

 Table Tennis Community

Thursday 6th February

- 10:00am-12:00pm
 Winter Gardening
- 11:15am-12:00pm **Zumba Gold (50+ women only)**
- 11:00am–3:00pm

 Get Growing Gardening
- 12:45pm-1:45pm
 Yoga for Mums and Babies
- 2:00pm-3:00pm

 Dodgeball for Mums
- 2:30pm-4:00pm Chess for Women
- 4:00pm-4:45pm Storytelling (Children 2-6 yrs)
- 4:00pm-5:30pm Chess (Children 7-10 yrs)
- 3:00pm-5:00pm

 Get Growing Gardening
- 3:15pm-4:15pm
- Bollywood Dancing (children only)

 4:00pm-5:00pm
- Dodgeball (Children 6-10 yrs)
- 4:30pm-6:30pm

 Bollywood Dancing (children only)
- 5:00pm-6:00pm

 Dodgeball (Children 11+ yrs)

5:45pm-8:15pm
Junior Club (Children 7-13
yrs)

Friday 7th February

- 10:00am-1:00pm
 Table Tennis Community
 Club
- 10:30am-11:30am
 Keep on Moving Chair
 based Exercise for Elders
- 3:00pm-5:30pm
 Active Afterschool Club
- 4:00pm-4:45pm Creative Dance (3-5 yrs)
- 4:50pm-5:50pm
 Creative Dance (6-8 yrs)
- 5:00pm-6:00pm
 This Girl Can Activities (7+ girls)
- 5:00pm-7:00pm
 Macramé Wall Hanging
 (Adults)
- 5:50pm-6:50pm Creative Dance (9-11 yrs)
- 7:00pm-10:00pm
 Table Tennis Community
 Club

Saturday 8th February

- 10:00am-11:15am

 Moving for the Body (Adults)
- 2:00pm-6:00pm

 Table Tennis Community
 Club
- 2:30–4:30pm
 Community Cooking Club
 (children and adults)

Sunday 9th February

- 9:00am-2:00pm
 Table Tennis Community
 Clubs
- 1:30pm-3:00pm
 Multi-Sport Activities (7+
 children)

Monday 10th February

- 10:00am-11:30am
 Women's Exercise
- 10:00am-1:00pm
 Table Tennis Community
 Club
- 11:30am-1:30pm
 Therapeutic Massage for 50+
 Drop In
- 12:30pm-2:30pm
 Therapeutic Massage for
 Mothers and Grandmothers
- 12:00pm-1:00pm
 Chair Yoga Exercise 50+
- 3:00pm-6:30pm Homework Club
- 5:00pm-6:00pm

 Dodgeball (Children 6-10 yrs)
- 5:00pm-9:00pm

 Table Tennis Community
 Club
- 5:30pm-8:00pm
 Women and Girls inclusion
 Project

Tuesday 11th February

- 10:00am-1:00pm
 Table Tennis Community
 Club
- 10:00am-11:00am Yoga (Women)
 - 11:30am-1:00pm Women's Exercise
 - 1:00pm-2:00pm

 Belly Dance (women only)
 - 1:00pm-3:00pm Art Therapy
- 3:00pm-5:30pm
 Active Afterschool Club
- 4:30pm-5:30pm Yoga (Children 6-10 yrs)
- 7:30pm-8:30pm Yoga (Women and Men)
- 8:00pm-10:00pm
 Table Tennis Community
 Club

Wednesday 12th February

- 10:00am-11:00am
 Creative Dance (Women)
- 10:00am-1:00pm
 Table Tennis Community
 Club
- 11:15am-12:15pm
 Yoga (Mums and Toddlers)
- 11:45am-12:30pm Zumba Gold (50+ women only)

- 3:00pm-6:30pm Saturday 15th February 4:30pm-5:30pm **Active Homework Club** Yoga (Children 11+ yrs) 2:00pm-4:00pm 4:00pm-5:00pm **Wellness Day Workshop** 5:00pm-6:00pm **Chess After School Clubs Chess after School Club for** (Adults) (Children 7-10 yrs) **Teens** 2:00pm-6:00pm 4:30pm-5:30pm 8:00pm-10:00pm **Table Tennis Community** Club Yoga (Children 11+ yrs) **Table Tennis Community** Club 11:30am-1:30pm 5:00pm-6:00pm 2:30-4:30pm **Chess after School Club for Community Cooking Club** Thursday 20th February **Drop In Teens** (children and adults) 12:30pm-2:30pm 10:00am-12:00pm 8:00pm-10:00pm **Winter Gardening** Sunday 16th February **Table Tennis Community** 11:15am-12:00pm
- 9:00am-2:00pm **Table Tennis Community** Thursday 13th February

10:00am-12:00pm

11:15am-12:00pm

11:00am-3:00pm

12:45pm-1:45pm

2:00pm-3:00pm

2:30pm-4:00pm

4:00pm-4:45pm

4:00pm-5:30pm

3:00pm-5:00pm

3:15pm-4:15pm

4:00pm-5:00pm

4:30pm-6:30pm

5:00pm-6:00pm

5:45pm-8:15pm

Friday 14th February

10:00am-1:00pm

10:30am-11:30am

3:00pm-5:30pm

4:00pm-4:45pm

4:50pm-5:50pm

5:00pm-6:00pm

5:50pm-6:50pm

7:00pm-10:00pm

girls)

Club

only)

only)

Club

Dodgeball for Mums

Chess for Women

Winter Gardening

Zumba Gold (50+ women

Get Growing - Gardening

Yoga for Mums and Babies

Storytelling (Children 2-6 yrs)

Chess (Children 7-10 yrs)

Get Growing - Gardening

Bollywood Dancing (children

Dodgeball (Children 6-10 yrs)

Bollywood Dancing (children

Dodgeball (Children 11+ yrs)

Junior Club (Children 7-13

Table Tennis Community

Keep on Moving – Chair

Active Afterschool Club

Creative Dance (3-5 yrs)

Creative Dance (6-8 yrs)

This Girl Can Activities (7+

Creative Dance (9-11 yrs)

Table Tennis Community

based Exercise for Elders

Clubs 1:30pm-3:00pm

Multi-Sport Activities (7+ children)

Monday 17th February

10:00am-11:30am Women's Exercise

10:00am-1:00pm **Table Tennis Community**

12:00pm-1:00pm Chair Yoga Exercise 50+

3:00pm-6:30pm **Homework Club**

5:00pm-6:00pm Dodgeball (Children 6-10 yrs)

5:00pm-9:00pm **Table Tennis Community**

Club 5:30pm-8:00pm **Women and Girls inclusion**

Tuesday 18th February

Project

10:00am-1:00pm **Table Tennis Community** Club

11:30am-1:00pm Women's Exercise

1:00pm-2:00pm **Belly Dance (women only)**

1:00pm-3:00pm **Art Therapy**

3:00pm-5:30pm **Active Afterschool Club**

4:30pm-5:30pm Yoga (Children 6-10 yrs)

8:00pm-10:00pm **Table Tennis Community**

Wednesday 19th February

10:30am-12:00pm **Diddy Discos (Under 5's)**

10:00am-1:00pm **Table Tennis Community** Club

11:45am-12:30pm Zumba Gold (50+ women only)

3:00pm-6:30pm **Active Homework Club**

4:00pm-5:00pm **Eco Recycling Family** Workshop

4:00pm-5:00pm **Chess After School Clubs** (Children 7-10 yrs)

Zumba Gold (50+ women only)

11:00am-3:00pm **Get Growing - Gardening**

2:30pm-4:00pm **Chess for Women**

3:00pm-5:00pm

4:00pm-4:45pm Storytelling (Children 2-6 yrs)

4:00pm-5:30pm Chess (Children 7-10 yrs)

Get Growing - Gardening 4:00pm-5:00pm

Dodgeball (Children 6-10 yrs) 5:00pm-6:00pm

Dodgeball (Children 11+ yrs)

5:00pm-7:00pm Open Mic (13-19 yrs)

5:45pm-8:15pm Junior Club (Children 7-13

Friday 21st February

10:00am-1:00pm **Table Tennis Community** Club

10:30am-11:30am **Keep on Moving – Chair** based Exercise for Elders

3:00pm-5:30pm **Active Afterschool Club**

5:00pm-6:00pm This Girl Can Activities (7+ girls)

7:00pm-10:00pm **Table Tennis Community** Club

Saturday 22nd February

2:00pm-6:00pm **Table Tennis Community** Club

2:30-4:30pm **Community Cooking Club** (children and adults)

Sunday 23rd February

1:30pm-3:00pm **Multi-Sport Activities (7+** children)

Monday 24th February

10:00am-11:30am Women's Exercise

10:00am-1:00pm **Table Tennis Community**

Therapeutic Massage for 50+

Therapeutic Massage for **Mothers and Grandmothers**

12:00pm-1:00pm Chair Yoga Exercise 50+

3:00pm-6:30pm **Homework Club**

5:00pm-6:00pm Dodgeball (Children 6-10 yrs)

5:00pm-9:00pm **Table Tennis Community** Club

5:30pm-8:00pm **Women and Girls inclusion**

Tuesday 25th February

10:00am-1:00pm **Table Tennis Community** Club

10:00am-11:00am Yoga (Women)

11:30am-1:00pm Women's Exercise

1:00pm-2:00pm **Belly Dance (women only)**

1:00pm-3:00pm **Art Therapy**

3:00pm-5:30pm **Active Afterschool Club**

4:30pm-5:30pm Yoga (Children 6-10 yrs)

7:30pm-8:30pm Yoga (Women and Men)

8:00pm-10:00pm **Table Tennis Community**

Wednesday 26th February

10:00am-11:00am **Creative Dance (Women)**

10:00am-1:00pm **Table Tennis Community** Club

11:15am-12:15pm Yoga (Mums and Toddlers)

11:45am-12:30pm Zumba Gold (50+ women

only)

3:00pm-6:30pm **Active Homework Club**

4:00pm-5:00pm **Chess After School Clubs** (Children 7-10 yrs)

4:30pm-5:30pm Yoga (Children 11+ yrs)

5:00pm-6:00pm **Chess after School Club for Teens**

8:00pm-10:00pm **Table Tennis Community** Club

Thursday 27th February

- 10:00am-12:00pm Winter Gardening
- 11:15am-12:00pm
 Zumba Gold (50+ women only)
- 11:00am–3:00pm

 Get Growing Gardening
- 12:45pm-1:45pm
 Yoga for Mums and Babies
- 2:00pm-3:00pm

 Dodgeball for Mums
- 2:30pm-4:00pm Chess for Women
- 4:00pm-4:45pm Storytelling (Children 2-6 yrs)
- 4:00pm-5:30pm Chess (Children 7-10 yrs)
- 3:00pm-5:00pm

 Get Growing Gardening
- 3:15pm-4:15pm

 Bollywood Dancing (children only)
- 4:00pm-5:00pm

 Dodgeball (Children 6-10 yrs)
- 4:30pm-6:30pm

 Bollywood Dancing (children only)
- 5:00pm-6:00pm

 Dodgeball (Children 11+ yrs)
- 5:45pm-8:15pm
 Junior Club (Children 7-13
 yrs)

Friday 28th February

- 10:00am-1:00pm
 Table Tennis Community
 Club
- 10:30am-11:30am
 Keep on Moving Chair
 based Exercise for Elders
- 3:00pm-5:30pm
 Active Afterschool Club
- Active Afterschool Club
- 4:00pm-4:45pm Creative Dance (3-5 yrs)
- 4:50pm-5:50pm
 Creative Dance (6-8 yrs)
- 5:00pm-6:00pm
 This Girl Can Activities (7+girls)
- 5:50pm-6:50pm
 Creative Dance (9-11 yrs)
- 7:00pm-10:00pm

 Table Tennis Community
 Club

Saturday 29th February

- 2:00pm-6:00pm
 Table Tennis Community
 Club
- 2:30–4:30pm
 Community Cooking Club
 (children and adults)

Location Key:

- Greenhouse Sports Centre, 35 Cosway Street, NW1 5NS
- Church Street Library, 67 Church St, NW8 8EU
- Gateway Academy & Christ Church Bentinck School
- Hafs Academy, 2 Boscobel Street, NW8 8PT
- Fisherton Street Allotments. NW8
- The Greenside Community Centre, 24 Lilestone Street, NW8 8SR
- The Cockpit, Gateforth Street, London NW8 8EH
- Marylebone Bangladesh Society, 19 Samford Street, NW8 8ER
- Penfold Community Hub, 60 Penfold Street, NW8 8PJ
- Little Venice Sports Centre, 10 Crompton Street, W2 1ND
- Lisson Green Football &
 Basketball Pitch, Swain Street,
 NW8 8TS
- Prime Tutors, 3 Boscobel Street, London NW8 8PS
- The Fourth Feathers, 12
 Rossmore Rd, Marylebone,
 London NW1 6NX
- Devonshire House, Adpar Street, Hall Park Estate, W2 1DE
- Derry Hall, Penfold Street, London NW8 8HJ
- Kennet House, MUGA Pitch, 92 Church Street, NW8 8EX

Neighbourhood Keepers is part of the Church Street Regeneration Programme. These events are provided by:

Church Street Library, Excellence, Fourth Feathers, Greenhouse Sports, Healthy Community Gardens Association, Mala CHERGA Theatre, Marylebone Bangladesh Society, Mosaic Community Trust, Notting Hill Genesis, Pro Touch SA, Suja Alsalman, Zumba Fitness, Central London Youth Development Trust