



Neighbourhood Keepers Calendar January 2020

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Wednesday 1st January

- 12:30pm-2:30pm
Intergenerational Connecting Mothers and Grandmothers

Thursday 2nd January

- 11:15am-12:00pm
Zumba Gold (50+ women only)
- 11:00am-3:00pm
Get Growing – Gardening
- 3:00pm-5:00pm
Get Growing – Gardening
- 5:45pm-8:15pm
Junior Club (Children 7-13 yrs)

Friday 3rd January

- 10:00am-1:00pm
Table Tennis Community Club
- 2:00pm-3:00pm
Belly Dance (women only)
- 5:00pm-6:00pm
This Girl Can Activities (7+ girls)

Saturday 4th January

- 10:00am-11:15am
Moving from the Body (Adults)
- 2:30-4:30pm
Community Cooking Club (children and adults)

Sunday 5th January

- 9:00am-2:00pm
Table Tennis Community Clubs
- 1:30pm-3:00pm
Multi-Sport Activities (7+ children)

Monday 6th January

- 10:00am-11:30am
Women's Exercise
- 10:00am-1:00pm
Table Tennis Community Club
- 12:30pm-2:30pm
Therapeutic Massage for Mothers and Grandmothers
- 12:00pm-1:00pm
Chair Yoga Exercise 50+
- 3:00pm-6:30pm
Homework Club

- 5:00pm-6:00pm
Dodgeball (Children 6-10 yrs)

- 5:00pm-9:00pm
Table Tennis Community Club

- 5:30pm-8:00pm
Women and Girls inclusion Project

Tuesday 7th January

- 10:00am-1:00pm
Table Tennis Community Club

- 10:00am-11:00am
Yoga (Women)

- 11:30am-1:00pm
Women's Exercise

- 3:00pm-5:30pm
Active Afterschool Club

- 4:30pm-5:30pm
Yoga (Children 6-10 yrs)

- 7:30pm-8:30pm
Yoga (Women and Men)

- 8:00pm-10:00pm
Table Tennis Community Club

Wednesday 8th January

- 10:00am-11:00am
Creative Dance (Women)

- 10:00am-1:00pm
Table Tennis Community Club

- 11:15am-12:15pm
Yoga (Mums and Toddlers)

- 11:45am-12:30pm
Zumba Gold (50+ women only)

- 12:30pm-2:30pm
Intergenerational Connecting Mothers and Grandmothers

- 3:00pm-6:30pm
Active Homework Club

- 4:00pm-5:00pm
Chess After School Clubs (Children 7-10 yrs)

- 4:30pm-5:30pm
Yoga (Children 11+ yrs)

- 5:00pm-6:00pm
Chess after School Club for Teens

- 8:00pm-10:00pm
Table Tennis Community Club

Thursday 9th January

- 11:15am-12:00pm
Zumba Gold (50+ women only)

- 11:00am-3:00pm
Get Growing - Gardening

- 12:45pm-1:45pm
Yoga for Mums and Babies

- 2:00pm-3:00pm
Dodgeball for Mums

- 2:30pm-4:00pm
Chess for Women

- 4:00pm-4:45pm
Storytelling (Children 2-6 yrs)

- 4:00pm-5:30pm
Chess (Children 7-10 yrs)

- 3:00pm-5:00pm
Get Growing - Gardening

- 3:15pm-4:15pm
Bollywood Dancing (children only)

- 4:30pm-5:30pm
Dodgeball (Children 11+ yrs)

- 4:30pm-6:30pm
Bollywood Dancing (children only)

- 5:45pm-8:15pm
Junior Club (Children 7-13 yrs)

Friday 10th January

- 10:00am-1:00pm
Table Tennis Community Club

- 10:30am-11:30am
Keep on Moving – Chair based Exercise for Elders

- 2:00pm-3:00pm
Belly Dance (women only)

- 3:00pm-5:30pm
Active Afterschool Club

- 4:00pm-4:45pm
Creative Dance (3-5 yrs)

- 4:50pm-5:50pm
Creative Dance (6-8 yrs)

- 5:00pm-6:00pm
This Girl Can Activities (7+ girls)

- 5:50pm-6:50pm
Creative Dance (9-11 yrs)

- 7:00pm-10:00pm
Table Tennis Community Club

Saturday 11th January

- 2:00pm-6:00pm
Table Tennis Community Club

- 2:30-4:30pm
Community Cooking Club (children and adults)

Sunday 12th January

- 9:00am-2:00pm
Table Tennis Community Clubs

- 1:30pm-3:00pm
Multi-Sport Activities (7+ children)

Monday 13th January

- 10:00am-11:30am
Women's Exercise

- 10:00am-1:00pm
Table Tennis Community Club

- 12:30pm-2:30pm
Therapeutic Massage for Mothers and Grandmothers

- 12:00pm-1:00pm
Chair Yoga Exercise 50+

- 3:00pm-6:30pm
Homework Club

- 5:00pm-6:00pm
Dodgeball (Children 6-10 yrs)

- 5:00pm-9:00pm
Table Tennis Community Club

- 5:30pm-8:00pm
Women and Girls inclusion Project

Tuesday 14th January

- 10:00am-1:00pm
Table Tennis Community Club

- 10:00am-11:00am
Yoga (Women)

- 11:30am-1:00pm
Women's Exercise

- 1:00pm-3:00pm
Art Therapy

- 3:00pm-5:30pm
Active Afterschool Club

- 4:30pm-5:30pm
Yoga (Children 6-10 yrs)

- 7:30pm-8:30pm
Yoga (Women and Men)

- 8:00pm-10:00pm
Table Tennis Community Club

Wednesday 15th January

- 10:00am-11:00am
Creative Dance (Women)

- 10:00am-1:00pm
Table Tennis Community Club

- 11:15am-12:15pm
Yoga (Mums and Toddlers)

- 11:45am-12:30pm
Zumba Gold (50+ women only)

- 12:30pm-2:30pm
Intergenerational Connecting Mothers and Grandmothers

- 3:00pm-6:30pm
Active Homework Club
- 4:00pm-5:00pm
Eco Recycling Family Workshop
- 4:00pm-5:00pm
Chess After School Clubs (Children 7-10 yrs)
- 4:30pm-5:30pm
Yoga (Children 11+ yrs)
- 5:00pm-6:00pm
Chess after School Club for Teens
- 8:00pm-10:00pm
Table Tennis Community Club

Thursday 16th January

- 11:15am-12:00pm
Zumba Gold (50+ women only)
- 11:00am-3:00pm
Get Growing - Gardening
- 12:45pm-1:45pm
Yoga for Mums and Babies
- 2:00pm-3:00pm
Dodgeball for Mums
- 2:30pm-4:00pm
Chess for Women
- 4:00pm-4:45pm
Storytelling (Children 2-6 yrs)
- 4:00pm-5:30pm
Chess (Children 7-10 yrs)
- 3:00pm-5:00pm
Get Growing - Gardening
- 3:15pm-4:15pm
Bollywood Dancing (children only)
- 4:30pm-5:30pm
Dodgeball (Children 11+ yrs)
- 4:30pm-6:30pm
Bollywood Dancing (children only)
- 5:45pm-8:15pm
Junior Club (Children 7-13 yrs)

Friday 17th January

- 10:00am-1:00pm
Table Tennis Community Club
- 10:30am-11:30am
Keep on Moving – Chair based Exercise for Elders
- 2:00pm-3:00pm
Belly Dance (women only)
- 3:00pm-5:30pm
Active Afterschool Club
- 4:00pm-4:45pm
Creative Dance (3-5 yrs)
- 4:50pm-5:50pm
Creative Dance (6-8 yrs)
- 5:00pm-6:00pm
This Girl Can Activities (7+ girls)
- 5:50pm-6:50pm
Creative Dance (9-11 yrs)
- 7:00pm-10:00pm
Table Tennis Community Club

Saturday 18th January

- 2:00pm-6:00pm
Table Tennis Community Club
- 2:30-4:30pm
Community Cooking Club (children and adults)

Sunday 19th January

- 9:00am-2:00pm
Table Tennis Community Clubs
- 1:30pm-3:00pm
Multi-Sport Activities (7+ children)

Monday 20th January

- 10:00am-11:30am
Women's Exercise
- 10:00am-1:00pm
Table Tennis Community Club
- 12:30pm-2:30pm
Therapeutic Massage for Mothers and Grandmothers
- 12:00pm-1:00pm
Chair Yoga Exercise 50+
- 3:00pm-6:30pm
Homework Club
- 5:00pm-6:00pm
Dodgeball (Children 6-10 yrs)
- 5:00pm-9:00pm
Table Tennis Community Club
- 5:30pm-8:00pm
Women and Girls inclusion Project

Tuesday 21st January

- 10:00am-1:00pm
Table Tennis Community Club
- 10:00am-11:00am
Yoga (Women)
- 11:30am-1:00pm
Women's Exercise
- 1:00pm-3:00pm
Art Therapy
- 3:00pm-5:30pm
Active Afterschool Club
- 4:30pm-5:30pm
Yoga (Children 6-10 yrs)
- 7:30pm-8:30pm
Yoga (Women and Men)
- 8:00pm-10:00pm
Table Tennis Community Club

Wednesday 22nd January

- 10:00am-11:00am
Creative Dance (Women)
- 10:00am-1:00pm
Table Tennis Community Club
- 11:15am-12:15pm
Yoga (Mums and Toddlers)
- 11:45am-12:30pm
Zumba Gold (50+ women only)
- 12:30pm-2:30pm
Intergenerational Connecting Mothers and Grandmothers

- 3:00pm-6:30pm
Active Homework Club
- 4:00pm-5:00pm
Chess After School Clubs (Children 7-10 yrs)
- 4:30pm-5:30pm
Yoga (Children 11+ yrs)
- 5:00pm-6:00pm
Chess after School Club for Teens
- 8:00pm-10:00pm
Table Tennis Community Club

Thursday 23rd January

- 11:15am-12:00pm
Zumba Gold (50+ women only)
- 11:00am-3:00pm
Get Growing - Gardening
- 12:45pm-1:45pm
Yoga for Mums and Babies
- 2:00pm-3:00pm
Dodgeball for Mums
- 2:30pm-4:00pm
Chess for Women
- 4:00pm-4:45pm
Storytelling (Children 2-6 yrs)
- 4:00pm-5:30pm
Chess (Children 7-10 yrs)
- 3:00pm-5:00pm
Get Growing - Gardening
- 3:15pm-4:15pm
Bollywood Dancing (children only)
- 4:30pm-5:30pm
Dodgeball (Children 11+ yrs)
- 4:30pm-6:30pm
Bollywood Dancing (children only)
- 4:30pm-7:00pm
Open Mic (13-19 yrs)
- 5:45pm-8:15pm
Junior Club (Children 7-13 yrs)

Friday 24th January

- 10:00am-1:00pm
Table Tennis Community Club
- 10:30am-11:30am
Keep on Moving – Chair based Exercise for Elders
- 2:00pm-3:00pm
Belly Dance (women only)
- 3:00pm-5:30pm
Active Afterschool Club
- 4:00pm-4:45pm
Creative Dance (3-5 yrs)
- 4:50pm-5:50pm
Creative Dance (6-8 yrs)
- 5:00pm-6:00pm
This Girl Can Activities (7+ girls)
- 5:50pm-6:50pm
Creative Dance (9-11 yrs)
- 7:00pm-10:00pm
Table Tennis Community Club

Saturday 25th January

- 2:00pm-6:00pm
Table Tennis Community Club
- 2:30-4:30pm
Community Cooking Club (children and adults)

Sunday 26th November

- 1:30pm-3:00pm
Multi-Sport Activities (7+ children)

Monday 27th January

- 10:00am-11:30am
Women's Exercise
- 10:00am-1:00pm
Table Tennis Community Club
- 12:30pm-2:30pm
Therapeutic Massage for Mothers and Grandmothers
- 12:00pm-1:00pm
Chair Yoga Exercise 50+
- 3:00pm-6:30pm
Homework Club
- 5:00pm-6:00pm
Dodgeball (Children 6-10 yrs)
- 5:00pm-9:00pm
Table Tennis Community Club
- 5:30pm-8:00pm
Women and Girls inclusion Project

Tuesday 28th January

- 10:00am-1:00pm
Table Tennis Community Club
- 10:00am-11:00am
Yoga (Women)
- 11:30am-1:00pm
Women's Exercise
- 1:00pm-3:00pm
Art Therapy
- 3:00pm-5:30pm
Active Afterschool Club
- 4:30pm-5:30pm
Yoga (Children 6-10 yrs)
- 7:30pm-8:30pm
Yoga (Women and Men)
- 8:00pm-10:00pm
Table Tennis Community Club

Wednesday 29th January

- 10:00am-11:00am
Creative Dance (Women)
- 10:00am-1:00pm
Table Tennis Community Club
- 11:15am-12:15pm
Yoga (Mums and Toddlers)
- 11:45am-12:30pm
Zumba Gold (50+ women only)
- 12:30pm-2:30pm
Intergenerational Connecting Mothers and Grandmothers
- 3:00pm-6:30pm
Active Homework Club

-  4:00pm–5:00pm
Chess After School Clubs (Children 7-10 yrs)
-  4:30pm-5:30pm
Yoga (Children 11+ yrs)
-  5:00pm–6:00pm
Chess after School Club for Teens
-  8:00pm-10:00pm
Table Tennis Community Club
















Thursday 30th January

-  11:15am-12:00pm
Zumba Gold (50+ women only)
-  11:00am–3:00pm
Get Growing - Gardening
-  12:45pm–1:45pm
Yoga for Mums and Babies
-  2:00pm–3:00pm
Dodgeball for Mums
-  2:30pm-4:00pm
Chess for Women
-  4:00pm-4:45pm
Storytelling (Children 2-6 yrs)
-  4:00pm-5:30pm
Chess (Children 7-10 yrs)
-  3:00pm-5:00pm
Get Growing - Gardening
-  3:15pm-4:15pm
Bollywood Dancing (children only)
-  4:30pm-5:30pm
Dodgeball (Children 11+ yrs)
-  4:30pm-6:30pm
Bollywood Dancing (children only)
-  5:45pm-8:15pm
Junior Club (Children 7-13 yrs)

Friday 31st January

-  10:00am-1:00pm
Table Tennis Community Club
-  10:30am-11:30am
Keep on Moving – Chair based Exercise for Elders
-  2:00pm-3:00pm
Belly Dance (women only)
-  3:00pm-5:30pm
Active Afterschool Club
-  4:00pm–4:45pm
Creative Dance (3-5 yrs)
-  4:50pm–5:50pm
Creative Dance (6-8 yrs)
-  5:00pm-6:00pm
This Girl Can Activities (7+ girls)
-  5:50pm–6:50pm
Creative Dance (9-11 yrs)
-  7:00pm-10:00pm
Table Tennis Community Club

Location Key:

-  Greenhouse Sports Centre, 35 Cosway Street, NW1 5NS
-  Church Street Library, 67 Church St, NW8 8EU
-  Gateway Academy & Christ Church Bentinck School
-  Hafs Academy, 2 Boscobel Street, NW8 8PT
-  Fisherton Street Allotments. NW8 8LR
-  The Greenside Community Centre, 24 Lilestone Street, NW8 8SR
-  The Cockpit, Gateforth Street, London NW8 8EH
-  Marylebone Bangladesh Society, 19 Samford Street, NW8 8ER
-  Penfold Community Hub, 60 Penfold Street, NW8 8PJ
-  Little Venice Sports Centre, 10 Crompton Street, W2 1ND
-  Lisson Green Football & Basketball Pitch, Swain Street, NW8 8TS
-  The Fourth Feathers, 12 Rossmore Rd, Marylebone, London NW1 6NX
-  Devonshire House, Adpar Street, Hall Park Estate, W2 1DE
-  Derry Hall, Penfold Street, London NW8 8HJ
-  Kennet House, MUGA Pitch, 92 Church Street, NW8 8EX

Neighbourhood Keepers is part of the Church Street Regeneration Programme. These events are provided by:

Church Street Library, Excellence, Fourth Feathers, Greenhouse Sports, Healthy Community Gardens Association, Mala CHERGA Theatre, Marylebone Bangladesh Society, Mosaic Community Trust, Notting Hill Genesis, Pro Touch SA, Suja Alsalman, Zumba Fitness, Central London Youth Development Trust