



# Neighbourhood Keepers Calendar October 2019

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## Tuesday 1<sup>st</sup> October

- 10:00am-1:00pm  
**Table Tennis Community Club**
- 11:30am-1:00pm  
**Women's Exercise**
- 3:00pm-5:30pm  
**Active Afterschool Club**
- 4:30pm-5:30pm  
**Yoga (Children 6-10 yrs)**
- 5:00pm-7:00pm  
**Football for Children, Teens and Adults Gender Mix**
- 7:00pm-8:45pm  
**Soup Kitchen**
- 8:00pm-10:00pm  
**Table Tennis Community Club**

## Wednesday 2<sup>nd</sup> October

- 10:00am-1:00pm  
**Table Tennis Community Club**
- 11:45am-12:45pm  
**Zumba Gold (50+ women only)**
- 12:30pm-2:30pm  
**Intergenerational Connecting Mothers and Grandmothers**
- 3:00pm-6:30pm  
**Active Homework Club**
- 4:00pm-5:00pm  
**Chess After School Clubs (Children 7-10 yrs)**
- 4:30pm-5:30pm  
**Yoga (Children 11+ yrs)**
- 4:30pm-6:30pm  
**Drama Course for 55+**
- 5:00pm-6:00pm  
**Chess after School Club for Teens**
- 5:00pm-7:00pm  
**Football for Children, Teens and Adults**
- 8:00pm-10:00pm  
**Table Tennis Community Club**

## Thursday 3<sup>rd</sup> October

- 11:00am-12pm  
**Zumba Gold (50+ women only)**
- 11:00am-3:00pm  
**Get Growing - Gardening**
- 1:15pm-2:15pm  
**Yoga for Mums and Babies**
- 2:00pm-3:00pm  
**Bollywood Dancing (women only)**

- 2:30pm-4:00pm  
**Chess for Women**
- 4:00pm-5:30pm  
**Chess (Children 7-10 yrs)**
- 3:00pm-5:00pm  
**Get Growing - Gardening**
- 3:15pm-4:15pm  
**Bollywood Dancing (children only)**
- 4:30pm-5:30pm  
**Dodgeball (Children 11+ yrs)**
- 4:30pm-6:30pm  
**Bollywood Dancing (children only)**
- 5:00pm-7:00pm  
**Football for Children, Teens and Adults**
- 6:30pm-8:30pm  
**Junior Club (Children 4-14 yrs)**

## Friday 4<sup>th</sup> October

- 10:00am-1:00pm  
**Table Tennis Community Club**
- 10:30am-11:30am  
**Keep on Moving - Chair based Exercise for Elders**
- 2:00pm-3:00pm  
**Belly Dance (women only)**
- 3:00pm-5:30pm  
**Active Afterschool Club**
- 5:00pm-6:00pm  
**This Girl Can Activities (7+ girls)**
- 5:00pm-7:00pm  
**Football for Children, Teens and Adults**
- 7:00pm-10:00pm  
**Table Tennis Community Club**

## Saturday 5<sup>th</sup> October

- 2:00pm-6:00pm  
**Table Tennis Community Club**
- 2:30-4:30pm  
**Community Cooking Club (children and adults)**

## Sunday 6<sup>th</sup> October

- 9:00am-2:00pm  
**Table Tennis Community Clubs**
- 1:30pm-3:00pm  
**Multi-Sport Activities (7+ children)**

## Monday 7<sup>th</sup> October

- 10:00am-11:30am  
**Women's Exercise**
- 10:00am-1:00pm  
**Table Tennis Community Club**
- 11:30am-1:00pm  
**Mosaic Church Street 50+ Wellbeing Drop in Service**
- 12:00pm-1:00pm  
**Chair Yoga Exercise 50+**
- 3:00pm-6:30pm  
**Homework Club**
- 4:30pm-5:30pm  
**Bollywood Dancing (women only)**
- 5:00pm-6:00pm  
**Dodgeball (Children 6-10 yrs)**
- 5:00pm-9:00pm  
**Table Tennis Community Club**
- 5:30pm-8:00pm  
**Women and Girls inclusion Project**

## Tuesday 8<sup>th</sup> October

- 10:00am-1:00pm  
**Table Tennis Community Club**
- 11:30am-1:00pm  
**Women's Exercise**
- 3:00pm-5:30pm  
**Active Afterschool Club**
- 4:30pm-5:30pm  
**Yoga (Children 6-10 yrs)**
- 4:45pm-6:15pm  
**Church Street Family Express**
- 5:00pm-7:00pm  
**Football for Children, Teens and Adults Gender Mix**
- 7:00pm-8:45pm  
**Soup Kitchen**
- 8:00pm-10:00pm  
**Table Tennis Community Club**

## Wednesday 9<sup>th</sup> October

- 10:00am-1:00pm  
**Table Tennis Community Club**
- 11:45am-12:45pm  
**Zumba Gold (50+ women only)**
- 12:30pm-2:30pm  
**Intergenerational Connecting Mothers and Grandmothers**
- 3:00pm-6:30pm  
**Active Homework Club**

- 4:00pm-5:00pm  
**Chess After School Clubs (Children 7-10 yrs)**
- 4:30pm-5:30pm  
**Yoga (Children 11+ yrs)**
- 4:30pm-6:30pm  
**Drama Course for 55+**
- 5:00pm-6:00pm  
**Chess after School Club for Teens**
- 5:00pm-7:00pm  
**Football for Children, Teens and Adults**
- 8:00pm-10:00pm  
**Table Tennis Community Club**

## Thursday 10<sup>th</sup> October

- 11:00am-12pm  
**Zumba Gold (50+ women only)**
- 11:00am-3:00pm  
**Get Growing - Gardening**
- 1:15pm-2:15pm  
**Yoga for Mums and Babies**
- 2:00pm-3:00pm  
**Bollywood Dancing (women only)**
- 2:30pm-4:00pm  
**Chess for Women**
- 4:00pm-5:30pm  
**Chess (Children 7-10 yrs)**
- 3:00pm-5:00pm  
**Get Growing - Gardening**
- 3:15pm-4:15pm  
**Bollywood Dancing (children only)**
- 4:30pm-5:30pm  
**Dodgeball (Children 11+ yrs)**
- 4:30pm-6:30pm  
**Bollywood Dancing (children only)**
- 5:00pm-7:00pm  
**Football for Children, Teens and Adults**
- 6:30pm-8:30pm  
**Junior Club (Children 4-14 yrs)**

## Friday 11<sup>th</sup> October

- 10:00am-1:00pm  
**Table Tennis Community Club**
- 10:30am-11:30am  
**Keep on Moving - Chair based Exercise for Elders**
- 2:00pm-3:00pm  
**Belly Dance (women only)**
- 3:00pm-5:30pm  
**Active Afterschool Club**

- 5:00pm-6:00pm  
**This Girl Can Activities (7+ girls)**
- 5:00pm-7:00pm  
**Football for Children, Teens and Adults**
- 7:00pm-10:00pm  
**Table Tennis Community Club**

### Saturday 12<sup>th</sup> October

- 2:00pm-6:00pm  
**Table Tennis Community Club**
- 2:30-4:30pm  
**Community Cooking Club (children and adults)**

### Sunday 13<sup>th</sup> October

- 9:00am-2:00pm  
**Table Tennis Community Clubs**
- 1:30pm-3:00pm  
**Multi-Sport Activities (7+ children)**

### Monday 14<sup>th</sup> October

- 10:00am-11:30am  
**Women's Exercise**
- 10:00am-1:00pm  
**Table Tennis Community Club**
- 11:30am-1:00pm  
**Mosaic Church Street 50+ Wellbeing Drop in Service**
- 12:00pm-1:00pm  
**Chair Yoga Exercise 50+**
- 3:00pm-6:30pm  
**Homework Club**
- 4:30pm-5:30pm  
**Bollywood Dancing (women only)**
- 5:00pm-6:00pm  
**Dodgeball (Children 6-10 yrs)**
- 5:00pm-9:00pm  
**Table Tennis Community Club**
- 5:30pm-8:00pm  
**Women and Girls inclusion Project**

### Tuesday 15<sup>th</sup> October

- 10:00am-1:00pm  
**Table Tennis Community Club**
- 11:30am-1:00pm  
**Women's Exercise**
- 3:00pm-5:30pm  
**Active Afterschool Club**
- 4:30pm-5:30pm  
**Yoga (Children 6-10 yrs)**
- 4:45pm-6:15pm  
**Church Street Family Express**
- 5:00pm-7:00pm  
**Football for Children, Teens and Adults Gender Mix**
- 7:00pm-8:45pm  
**Soup Kitchen**
- 8:00pm-10:00pm  
**Table Tennis Community Club**

### Wednesday 16<sup>th</sup> October

- 10:00am-1:00pm  
**Table Tennis Community Club**
- 11:45am-12:45pm  
**Zumba Gold (50+ women only)**
- 12:30pm-2:30pm  
**Intergenerational Connecting Mothers and Grandmothers**
- 3:00pm-6:30pm  
**Active Homework Club**
- 4:00pm-5:00pm  
**Chess After School Clubs (Children 7-10 yrs)**
- 4:30pm-5:30pm  
**Yoga (Children 11+ yrs)**
- 4:30pm-6:30pm  
**Drama Course for 55+**
- 5:00pm-6:00pm  
**Chess after School Club for Teens**
- 5:00pm-7:00pm  
**Football for Children, Teens and Adults**
- 8:00pm-10:00pm  
**Table Tennis Community Club**

### Thursday 17<sup>th</sup> October

- 11:00am-12pm  
**Zumba Gold (50+ women only)**
- 11:00am-3:00pm  
**Get Growing - Gardening**
- 1:15pm-2:15pm  
**Yoga for Mums and Babies**
- 2:00pm-3:00pm  
**Bollywood Dancing (women only)**
- 2:30pm-4:00pm  
**Chess for Women**
- 4:00pm-5:30pm  
**Chess (Children 7-10 yrs)**
- 3:00pm-5:00pm  
**Get Growing - Gardening**
- 3:15pm-4:15pm  
**Bollywood Dancing (children only)**
- 4:30pm-5:30pm  
**Dodgeball (Children 11+ yrs)**
- 4:30pm-6:30pm  
**Bollywood Dancing (children only)**
- 5:00pm-7:00pm  
**Football for Children, Teens and Adults**
- 6:30pm-8:30pm  
**Junior Club (Children 4-14 yrs)**

### Friday 18<sup>th</sup> October

- 10:00am-1:00pm  
**Table Tennis Community Club**
- 10:30am-11:30am  
**Keep on Moving – Chair based Exercise for Elders**
- 2:00pm-3:00pm  
**Belly Dance (women only)**
- 3:00pm-5:30pm  
**Active Afterschool Club**

- 5:00pm-6:00pm  
**This Girl Can Activities (7+ girls)**
- 5:00pm-7:00pm  
**Football for Children, Teens and Adults**
- 7:00pm-10:00pm  
**Table Tennis Community Club**

### Saturday 19<sup>th</sup> October

- 2:00pm-6:00pm  
**Table Tennis Community Club**
- 2:30-4:30pm  
**Community Cooking Club (children and adults)**

### Sunday 20<sup>th</sup> October

- 9:00am-2:00pm  
**Table Tennis Community Clubs**
- 1:30pm-3:00pm  
**Multi-Sport Activities (7+ children)**

### Monday 21<sup>st</sup> October

- 10:00am-11:30am  
**Women's Exercise**
- 10:00am-1:00pm  
**Table Tennis Community Club**
- 11:30am-1:00pm  
**Mosaic Church Street 50+ Wellbeing Drop in Service**
- 12:00pm-1:00pm  
**Chair Yoga Exercise 50+**
- 3:00pm-6:30pm  
**Homework Club**
- 4:30pm-5:30pm  
**Bollywood Dancing (women only)**
- 5:00pm-6:00pm  
**Dodgeball (Children 6-10 yrs)**
- 5:00pm-9:00pm  
**Table Tennis Community Club**
- 5:30pm-8:00pm  
**Women and Girls inclusion Project**

### Tuesday 22<sup>nd</sup> October

- 10:00am-1:00pm  
**Table Tennis Community Club**
- 11:30am-1:00pm  
**Women's Exercise**
- 3:00pm-5:30pm  
**Active Afterschool Club**
- 4:30pm-5:30pm  
**Yoga (Children 6-10 yrs)**

- 4:45pm-6:15pm  
**Church Street Family Express**

- 5:00pm-7:00pm  
**Football for Children, Teens and Adults Gender Mix**
- 7:00pm-8:45pm  
**Soup Kitchen**
- 8:00pm-10:00pm  
**Table Tennis Community Club**

### Wednesday 23<sup>rd</sup> October

- 10:00am-1:00pm  
**Table Tennis Community Club**
- 11:45am-12:45pm  
**Zumba Gold (50+ women only)**
- 12:30pm-2:30pm  
**Intergenerational Connecting Mothers and Grandmothers**

- 3:00pm-6:30pm  
**Active Homework Club**

- 4:00pm-5:00pm  
**Chess After School Clubs (Children 7-10 yrs)**

- 4:30pm-5:30pm  
**Yoga (Children 11+ yrs)**

- 4:30pm-6:30pm  
**Drama Course for 55+**

- 5:00pm-6:00pm  
**Chess after School Club for Teens**

- 5:00pm-7:00pm  
**Football for Children, Teens and Adults**

- 8:00pm-10:00pm  
**Table Tennis Community Club**

### Thursday 24<sup>th</sup> October

- 11:00am-12pm  
**Zumba Gold (50+ women only)**
- 11:00am-3:00pm  
**Get Growing - Gardening**
- 1:15pm-2:15pm  
**Yoga for Mums and Babies**
- 2:00pm-3:00pm  
**Bollywood Dancing (women only)**
- 2:30pm-4:00pm  
**Chess for Women**
- 4:00pm-5:30pm  
**Chess (Children 7-10 yrs)**
- 3:00pm-5:00pm  
**Get Growing - Gardening**
- 3:15pm-4:15pm  
**Bollywood Dancing (children only)**

- 4:30pm-5:30pm  
**Dodgeball (Children 11+ yrs)**

- 4:30pm-6:30pm  
**Bollywood Dancing (children only)**

- 5:00pm-7:00pm  
**Football for Children, Teens and Adults**

- 6:30pm-8:30pm  
**Junior Club (Children 4-14 yrs)**

### Friday 25<sup>th</sup> October

- 10:00am-1:00pm  
**Table Tennis Community Club**
- 10:30am-11:30am  
**Keep on Moving – Chair based Exercise for Elders**
- 2:00pm-3:00pm  
**Belly Dance (women only)**
- 3:00pm-5:30pm  
**Active Afterschool Club**

- 5:00pm-6:00pm  
**This Girl Can Activities (7+ girls)**
- 5:00pm-7:00pm  
**Football for Children, Teens and Adults**
- 7:00pm-10:00pm  
**Table Tennis Community Club**

### Saturday 26<sup>th</sup> October

- 2:00pm-6:00pm  
**Table Tennis Community Club**
- 2:30-4:30pm  
**Community Cooking Club (children and adults)**

### Sunday 27<sup>th</sup> October

- 9:00am-2:00pm  
**Table Tennis Community Clubs**
- 1:30pm-3:00pm  
**Multi-Sport Activities (7+ children)**

### Monday 28<sup>th</sup> October

- 10:00am-11:30am  
**Women's Exercise**
- 10:00am-1:00pm  
**Table Tennis Community Club**
- 11:30am-1:00pm  
**Mosaic Church Street 50+ Wellbeing Drop in Service**
- 12:00pm-1:00pm  
**Chair Yoga Exercise 50+**
- 3:00pm-6:30pm  
**Homework Club**
- 4:30pm-5:30pm  
**Bollywood Dancing (women only)**
- 5:00pm-6:00pm  
**Dodgeball (Children 6-10 yrs)**
- 5:00pm-9:00pm  
**Table Tennis Community Club**
- 5:30pm-8:00pm  
**Women and Girls inclusion Project**

### Tuesday 29<sup>th</sup> October

- 10:00am-1:00pm  
**Table Tennis Community Club**
- 11:30am-1:00pm  
**Women's Exercise**
- 3:00pm-5:30pm  
**Active Afterschool Club**
- 4:30pm-5:30pm  
**Yoga (Children 6-10 yrs)**
- 4:45pm-6:15pm  
**Church Street Family Express**
- 5:00pm-7:00pm  
**Football for Children, Teens and Adults Gender Mix**
- 7:00pm-8:45pm  
**Soup Kitchen**
- 8:00pm-10:00pm  
**Table Tennis Community Club**

### Wednesday 30<sup>th</sup> October

- 10:00am-1:00pm  
**Table Tennis Community Club**
- 11:45am-12:45pm  
**Zumba Gold (50+ women only)**
- 12:30pm-2:30pm  
**Intergenerational Connecting Mothers and Grandmothers**
- 3:00pm-6:30pm  
**Active Homework Club**
- 4:00pm-5:00pm  
**Chess After School Clubs (Children 7-10 yrs)**
- 4:30pm-5:30pm  
**Yoga (Children 11+ yrs)**
- 4:30pm-6:30pm  
**Drama Course for 55+**
- 5:00pm-6:00pm  
**Chess after School Club for Teens**
- 5:00pm-7:00pm  
**Football for Children, Teens and Adults**
- 8:00pm-10:00pm  
**Table Tennis Community Club**

### Thursday 31<sup>st</sup> October

- 11:00am-12pm  
**Zumba Gold (50+ women only)**
- 11:00am-3:00pm  
**Get Growing - Gardening**
- 1:15pm-2:15pm  
**Yoga for Mums and Babies**
- 2:00pm-3:00pm  
**Bollywood Dancing (women only)**
- 2:30pm-4:00pm  
**Chess for Women**
- 4:00pm-5:30pm  
**Chess (Children 7-10 yrs)**
- 3:00pm-5:00pm  
**Get Growing - Gardening**
- 3:15pm-4:15pm  
**Bollywood Dancing (children only)**
- 4:30pm-5:30pm  
**Dodgeball (Children 11+ yrs)**
- 4:30pm-6:30pm  
**Bollywood Dancing (children only)**
- 5:00pm-7:00pm  
**Football for Children, Teens and Adults**
- 6:30pm-8:30pm  
**Junior Club (Children 4-14 yrs)**

### Location Key:

- Greenhouse Sports Centre, 35 Cosway Street, NW1 5NS
- Church Street Library, 67 Church St, NW8 8EU
- Gateway Academy & Christ Church Bentinck School
- Hafs Academy, 2 Boscobel Street, NW8 8PT
- Fisherton Street Allotments, NW8 8LR
- The Greenside Community Centre, 24 Lilestone Street, NW8 8SR
- The Cockpit, Gateforth Street, London NW8 8EH
- Marylebone Bangladesh Society, 19 Samford Street, NW8 8ER
- Penfold Community Hub, 60 Penfold Street, NW8 8PJ
- Little Venice Sports Centre, 10 Crompton Street, W2 1ND
- Lisson Green Football & Basketball Pitch, Swain Street, NW8 8TS
- The Fourth Feathers, 12 Rossmore Rd, Marylebone, London NW1 6NX
- Devonshire House, Adpar Street, Hall Park Estate, W2 1DE
- Derry Hall, Penfold Street, London NW8 8HJ
- Kennet House, MUGA Pitch, 92 Church Street, NW8 8EX

**Neighbourhood Keepers is part of the Church Street Regeneration Programme. These events are provided by:**

Church Street Library, Cockpit Theatre, DreamArts, Excellence, Fourth Feathers, Greenhouse Sports, Healthy Community Gardens Association, London Tigers, Mala CHERGA Theatre, Marylebone Bangladesh Society, Mosaic Community Trust, Notting Hill Genesis, Pro Touch SA, Suja Alsalman, Zumba Fitness, Safi Benslimane, Central London Youth Development Trust